

**Briarcliff Manor Recreation Department**

**2011-2012**

**SENIOR LEAGUE FLOOR HOCKEY**

The following information has been prepared for the parents and players of the Senior League Youth Floor Hockey Program.

**Focus of the program**

Please remember that the main focus of this program is to have **FUN!** **We all** need to be reminded from time to time, that winning is not the most important thing. Enjoying the game, improving skills, playing with (and against) your friends, and being a good sport are much more important.

**2011-2012 Season**

Official standings will be tracked. We will also conclude the season with a play-off format. All teams will play each other three times during the regular season. All games will consist of two periods of 15 minutes. Referees will monitor time stopping the clock for goals, penalties, substitutions and ball retrieval. The overall time slot for each game is 45 minutes. On the last day of the season, all players will receive an award to recognize their participation and good sportsmanship.

**Forfeits**

**It is important that players make every effort to attend their games to avoid forfeits.** Our rule on forfeits is as follows:

- If a team only has five players, they will play the game one player short and the result will count in the league standings.
- If a team has four or fewer players, they forfeit the game and a loss will be applied to their league record.

Forfeited games will be played for fun, with additional players added from other teams to even out the sides. Players on the team that forfeited should play the entire game and need not sit out for any substitutions unless they want to.

**Substitution Guidelines**

Substitutions will be made at 5-minute intervals throughout the game, insuring as close to equal playing time for each player as possible. **ALL** substitutes on the sidelines must enter the game at **EACH** substitution point throughout the game. Since our games are a total of 30 minutes, there will be four (4) substitution points during each game. No player should sit out twice before every other player on the team has sat at least once (goalies excluded). Players should be given the opportunity to try all positions. Goalie substitutions will only be made at half time. To insure that each player does receive equal playing time, changing players on the fly will **not** be allowed.

**YOUR ASSISTANCE IN KEEPING THE FOCUS ON FUN WILL BE GREATLY APPRECIATED BY BOTH YOUR CHILDREN AND OUR STAFF!**

**IMPORTANT:**

**PLEASE REVIEW THE RULES & PENALTIES WITH YOUR PLAYER!**

Thank You!

# RULES & PENALTIES

## MINOR PENALTIES

Players will sit out for 2 minutes and their team will play shorthanded for violations of the following rules:

**High-sticking:** All players must keep their sticks below their waists at ALL times. This includes the backswing and follow through on all shots and passes as well as while moving without the ball.

**Holding:** Players may not grab hold of another player, the player's stick or clothing.

**Throwing of The Stick:** At no time are players allowed to throw their stick at the ball.

## MAJOR PENALTIES

Players will sit out for 5 minutes of their playing time and their team will play shorthanded for violations of the following rules. Warnings will be issued and second offenses will result in ejection from the game:

**Checking:** Players are not allowed to body check each other. At no time should a player intentionally run into or push another player. **Excessively physical play will not be tolerated and will result in suspension from the program with no refund of fee.**

**Slashing:** Players are not allowed to hit another player or a player's stick with their stick.

**Tripping:** Tripping a player with the stick, feet or any other part of the body is not permitted.

**Unsportsmanlike Conduct:** At no time will unsportsmanlike behavior between opposing players or teammates be tolerated. Offenses may include but not be limited to cursing, fighting (immediate ejection), name calling and taunting. **A second infraction of this rule may also result in suspension from the program.**

**ALL DECISIONS MADE BY THE REFEREES ARE FINAL AND ARE NOT OPEN FOR DISCUSSION!**

## **The Three Most Important Rules:**

**1. Play Fair**

**2. Be Safe**

**3. Have FUN!**